Take a litter bag with you always

Once you start PLIRDING, you may be surprised to discover that you can find trash to pick up almost anywhere! Whenever and wherever you go birding, carry an old plastic grocery bag in your poclet or backpack.

It isn't too bulky or heavy to pack even if you end up not needing it. And you'll be glad you have it just in case. If you find only one piece of trash, it will have been worth it!